



## Become a live-in Assistant at L'Arche

Assistants come to L'Arche Greater Vancouver from around the world and around the corner. Our community includes Canadians as well as people from many other countries.

The key to life in L'Arche – for everyone – is being open to building relationships and sharing life together in community.

Assistants and our members with developmental disabilities create home together in households of six to eight people. Days are filled with ordinary tasks of daily living such as preparing and sharing meals, cleaning and household chores, laundry, shopping, recreational activities, accompanying core people to medical appointments, completion of necessary documentation and reporting, and regular community meetings and events.

The evening meal, birthdays and times of prayer are cherished celebrations that strengthen the bonds between people who live and work together.

The assistants' responsibility is to ensure that the physical, emotional, spiritual, vocational and recreational needs of our members with developmental disabilities are met while maximizing their choices and participation in the decisions affecting their lives.

Most people come with an initial commitment of one year. Assistants come with a broad range of backgrounds and qualifications. All new assistants participate in a program of orientation and training. Compensation and benefits are provided.

## **Requirements for Assistants:**

- To Value people with developmental disabilities and the gift they bring to society
- Ability to provide physical care and emotional support to people with developmental disabilities
- Good communication skills verbal and written
- Ability to work cooperatively in a team, to take initiative and work with a supervisor
- BC Class 5 Driver's License
- Completion of our pre-requisites
- Openness to develop competence in a wide range of areas including:
  - household planning
  - individual care and support needs
  - administrative skills
  - standards and policies
  - personal time management