



FALL 2022

We All Belong Event

Living Change Together and
Creating Unity for the Future

People at L'Arche have lived through a great deal of change in the last two years. There was the isolation felt during the pandemic, leaving a building that contained almost 50 years of memories, settling into a temporary location while imagining what life would be like in our new building.

Our **"We All Belong"** event was a way for us to address these concerns that were also an important aspect of our 2021 Community Mandate. In the mandate we committed ourselves to **"be resilient in times of change and challenge and renew, rebuild relationships, and ways of living community."**

With these goals in mind, we set aside two days to gather, hear the findings of our COVID healing

sessions facilitated by Cynthia Richardson, and reflect on the changes and challenges we experienced in the last two years. **We explored our collective past by writing memories of our past and naming the joys, excitement, fears, and anxiety experienced with all these unprecedented changes.**

From there, small groups gathered to explore where L'Arche is today, "The Here and Now". **A community timeline was created starting from the oldest community member to the most recent.**

During this exercise, people shared stories, feelings, and thoughts about being present in the community today through stories, roles, and the legacy of the community.



Arthur, the oldest member of our community, poses with Jitu, who arrived at L'Arche the day before this event.

The final activity was to explore together the vision for community life in the new building. People wrote their dreams, concerns, and challenges on leaves that were placed on a Vision Tree.

The themes that evolved through this exercise included welcoming new people, building relationships, getting to know each other, accessibility, inclusion, continuing our traditions in a new space, and celebrations.

In reflecting about the event L'Arche's Community Leader and Executive Director Tracey Brezovski commented, **"L'Arche is built on relationships and community."** This meant that people in L'Arche experienced a feeling of loss when they were not able to meet in person. Our **"We All Belong"** day made it possible for new people to experience the community when it is gathered and, for those who have missed their friends, **it felt like a family reunion."**



Here we are - gathered at last!

L'Arche For Every Season 2023 Calendar

**Your 2023 L'Arche Calendar
is waiting for you!**

The calendar features original artwork created by artists with and without developmental disabilities who are part of the L'Arche Greater Vancouver community. Our 2023 artists were inspired by this year's theme:

"L'Arche for Every Season."

These unique calendars can be purchased by sending an email to development@larchevancouver.org or calling **604-435-9544 ext 102**

To view all of the paintings from this year, go to larchevancouver.org/image-gallery/



Fall Community Retreat

This year's theme was **"Have Courage to Step into the Unknown"** with mother/daughter keynote speakers Sandra and Tiana Kirkegaard. Sandra and Tiana shared stories of pivotal events in their lives with a special focus on what helped them navigate those events.



Keynote speakers Tiana and Sandra Kirkegaard. Photo credit Warren Pot

Tiana spoke about her experiences of discrimination and how her dreams were dashed after she graduated from high school. Sandra talked about the influences that led to adoption and an encounter and a lesson learned from Henri Nouwen.

Together they hoped that people would see the importance of faith during the times of "unknowns" and the important role of continuing to do what makes us well during those times.

Our Big Numbers

Here are the **BIG** numbers that each of our homes and community inclusion programs submitted for our 2021-222 Annual report.

Emmaus Community Inclusion Program

Baked 20 Birthday cakes
Delivered 360 Meals on Wheels

Neighbours Helping Neighbours

Cut 169 Lawns
Served 22 Customers

Creation House

Celebrated 5 BIG Birthdays -
70, 75, 80, and 85
Served 315 hamburgers during our
summer BBQ's

Emily House

Walked 450,000 meters in our
neighbourhood
Shared 730 meals together

Nazirah House

Welcomed 100 guests
Went on 110 outings

Crossing House

Watched 55 movies together
Welcomed 2 new assistants and said
goodbye to 4 assistants



Linda's Toques

In mid-2020, L'Arche's Community Inclusion Programs (Emmaus and Neighbours Helping Neighbours) made the difficult decision to close due to the global Covid-19 pandemic. Linda, who attended an outside day program before the pandemic, was now at home but happily joined her housemates in several activities. It was soon discovered that Linda had amazing knitting skills and that she wanted to make toques for the homeless.



With the arrival of Fall 2020, Linda had made over 30 beautiful toques which were given to the St. Andrew's Wesley's Stitching Group for distribution to those in need.

Today, Linda continues to knit her toques at the Emmaus Day Program. It makes her so proud to be able to do something for others.

Now she wants others to enjoy the toques and scarves, she creates. Linda has been hard at work at making a huge variety of toques and has even designed her own label. Along with continued donations to the homeless, Linda hopes to sell some of her creations through L'Arche to the wider community.



At last count, Linda has made over 50 toques this year and is well on her way to having a stunning and varied collection for sale in time for winter.

To view and order one of Linda's toques contact Peter McKinley at **236-455-0893** or the Emmaus Team at emmaus@larchevancouver.org

Summer and Fall with L'Arche

L'Arche in Every Season

Every summer our community inclusion programs close for a week or two so that we can enjoy day trips and a few days of vacation together. We've travelled, seen new sights, had times of reflection, and become closer to each other. Bring on the fall and all its beauty!



WE ALL **BELONG**

Supporting Organizations

We gratefully acknowledge the following organizations for their financial support
(March to September 2022)

Agape Catholic Charities
Fund held at Vancouver
Foundation

Burnaby Firefighters
Charitable Society Ltd

Celtic Cross Charitable
Foundation

Columbia-Bowell Funeral
Chapel

D & D Reesor Family
Holdings Inc.

First Christian Reformed
Church of New
Westminster

Highcrest Investments

J & G Servant Foundation

Kiwanis Vancouver
Welfare Foundation

Knights of Columbus
Council No. 8853

Knights of Columbus Fraser
Valley Council, No. 2552

L'Arche Canada

Living Hope Fellowship

McGuire Family Foundation

Mount Pleasant War
Memorial Community
Cooperative Association

Project Advance Fund at the
Archdioceses of Vancouver

Provincial Employees
Community Services Fund

St. John's Anglican Church
ACW

The Sisters of St. Joseph of
Sault Ste. Marie

Tina Hubert Architect Inc.

VanCity, South Burnaby
Community Branch

Tributes

The following people were honoured/remembered
with a tribute gift to the L'Arche Foundation
(March to September 2022)

In Memory

Joseph Deli
Bill Downton
James Kidd
Evelyn Lattimer
Jillian McIntosh
Ken Milne
Paul Mosca

Elisabeth and Joseph
Staudacher
Gerry Staudacher
Kathleen Telford
Sherrill Weeks
Elsa Zavarise

In Honour

Philip Beeby
Christina Bruce
Paul Kierans

A heartfelt thank you to the many individuals and
families who wish to remain anonymous. We could
not be L'Arche without your support!

WAYS TO SUPPORT L'ARCHE GREATER VANCOUVER

Mail: Send your cheque to the address below
Phone: 604.435.9544 ext 120
Online: www.larchevancouver.org/donate
Charitable Registration No. 1376468671-RR0001



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